

Alexandra Shea Ferrier



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Highly adaptable young leader delivering consistent results across a myriad of challenges

Education

University of Colorado
Anschutz Medical Campus
Denver, CO

Doctor of Physical Therapy

Dec 2019

James Madison University
Harrisonburg, VA

B.S Kinesiology- Exercise Science

May 2017

Clinical Experience

Clinical Experience III: Concentra Adv. Specialists, Outpatient Workers Comp. Aug 26- Dec 11, 2019

- Experienced caseload of 12-16 patients each day and treated 10-12 patients independently
- Treated patients with severe concussions, long term residual deficits following concussion, vestibular dysfunctions, and chronic orthopedic injuries
- Collaborated with MDs, PAs, and other healthcare personnel regarding course of patient care

Clinical Experience II: Concentra Medical Center, Outpatient Workers Comp. Jan 2- Mar 8, 2019

- Experienced high-volume caseload of 20-25 patients each day and treated 9- 12 patients independently
- Case load focused primarily on acute orthopedic injuries and concussion rehabilitation
- Treated patients from urgent care same day of injury
- Collaborated with MDs, PAs, and other healthcare personnel regarding course of patient care

Integrated Clinical Experience II: Memorial Hospital, Vestibular Rehab Oct 9- 20, 2018

- Assisted in diagnosis and treatment of patients with BPPV and other vestibular impairments
- Developed, reassessed, and progressed patient home exercise programs
- Educated patients on the vestibular system

Clinical Experience I: Centura Porter Adventist Hospital, Inpatient Acute Care April 30-June 19, 2018

- Collaborated with inter-professional teams throughout the hospital
- Educated patients on post-surgical protocol and designed handouts catered to various learning styles
- Advocated for patient care beyond hospital stay

Integrated Clinical Experience I: Medical Center of Aurora, Inpatient Acute Care Sept 1-5; Nov 3-7,2017

- Collaborated with team of PT students to identify patient presentation and develop treatment options
- Communicated with patients to gather subjective history and maintain patient centered care
- Observed patient gait, identified deviations or compensations and hypothesized impairments

Professional Experience

Advantage Physical Therapy (Harrisonburg, VA) Jan- May 2017

Physical Therapy Intern in Outpatient Orthopedic Facility

- Worked with PT to develop patient specific exercise programs
- Assisted in set up of modalities and equipment

Exercise Testing and Prescription (Harrisonburg, VA) Jan- May 2016

Student Assistant for James Madison University Kinesiology Department

- Conducted exercise testing and analyzed results for YMCA bike protocol in classroom setting
- Developed specific exercise programs for subjects in accordance to their specific goals: weight loss, strength, etc.



AID Performance Physical Therapy (Ashburn, VA)

May 2015- Aug 2015

Physical Therapy Intern at Outpatient Orthopedic Facility

- Conducted and analyzed Functional Movement Screening for local sports team to identify athletes at risk for injury

Volunteer Experience

- Night Owls- early learning center for children with disabilities Oct 2017- May 2019
- Second Home- afterschool tutoring program for underserved children Mar 2016- April 2017
- Special Olympics- public health organization for those with intellectual disabilities Jan 2015- April 2017
- Overcoming Barriers- fitness program for those with physical disabilities Sept 2015-Dec 2016

Continuing Education

- APTA Colorado Fall Conference Oct 14-15, 2019
- APTA Combined Sections Meeting (Washington, D.C.) Jan 23-26, 2019
- Opioid Education Conference Sept 17, 2018
- APTA Combined Sections Meeting (New Orleans, LA) Feb 23-27, 2018

Memberships and Certifications

- BLS Certified
- American Physical Therapy Association (APTA), 2 years
Colorado Chapter

References

See attached document.