

# JENNIFER RACHEL IBE, PT, DPT

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## EDUCATION

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### **Program in Physical Therapy, Washington University School of Medicine**

Doctor of Physical Therapy, May 2016 (*St. Louis, MO*)

*Honors: Mr. and Mrs. Spencer T. Olin Fellow*

*Activities: Student Advisory Committee for an Inclusive Community (SACIC), Student Ambassador, Intramural Flag Football Team*

### **Washington University in St. Louis**

Bachelor of Arts, May 2013 (*St. Louis, MO*)

Major: Anthropology; Minors: Public Health, Biology

*Honors: Ethan A.H. Shepley Award, Dean's List, W.E.B. Du Bois, Ralph Bunche Award, Alpha Lambda*

*Activities: Track and Field, Residential Advisor, Senior Class Secretary*

## WORK EXPERIENCE

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### **Ben Taub General Hospital, Houston, TX**

*Nov 2017 – Nov 2018*

- Full-Time Physical Therapist at a Level 1 trauma acute care hospital consisting of 586 beds.
- I served as a PT for a population of mostly indigent and/or uninsured individuals. Patient diagnoses include the following: acute stroke, traumatic brain injury, spinal cord injury, poly-trauma, cardiac surgery, amputations, orthopedic surgery, brain tumors/resections, cardiac surgery, and general surgery. My role as a staff physical therapist includes evaluating patients, treating patients, discharge planning, equipment recommendations, family training, and participating in multidisciplinary rounds.

### **Casa de Salud, St. Louis, MO**

*July 2017 – Sept 2017*

- Part-Time Outpatient Physical Therapist volunteering at medical clinic aimed at providing medical care for immigrant population.
- I provided weekly pro-bono PT services during evening hours to accommodate individuals with both acute and chronic orthopedic diagnoses. I was conscientious of the limited resources available and utilized each appointment to develop a robust home exercise program as well as patient education.

### **SSM Health Rehabilitation Richmond Heights, St. Louis, MO**

*Jan 2017 – Sept 2017*

- PRN Physical Therapist for acute inpatient rehabilitation hospital.
- I cared for patients with diagnoses including strokes, amputations, spinal cord injuries, orthopedic injuries, and traumatic brain injuries. I served on a multi-disciplinary team alongside occupational and speech therapists.

### **Center for Outpatient Therapy & Wellness - Missouri Baptist Medical Center, St. Louis, MO**

*June 2016 – Oct 2017*

- Full-Time Outpatient Physical Therapist at a hospital-based outpatient clinic.
- I treated a multitude of orthopedic and neuromuscular diagnoses, most commonly low back pain, chronic stroke, and joint impairments. I utilized the movement system to diagnose and treat ailments. I collaborated with occupational and speech therapists on stroke and multiple sclerosis teams to provide comprehensive patient care. I also floated to acute care areas to meet the needs of hospital patient census.

## COMMUNITY INVOLVEMENT

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**Urban League Young Professionals, St. Louis, MO & Houston, TX**

*June 2015 – Present*

**Reunion Executive Committee: Washington University, St. Louis, MO & Houston, TX**

*Aug 2014 – Present*

**Alumni and Parents Admission Program: Washington University, St. Louis, MO & Houston, TX**

*Aug 2013 – Present*

## PROFESSIONAL AFFILIATIONS:

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- Washington DC Licensed Physical Therapist
- Texas Licensed Physical Therapist
- BLS Certified (American Heart Association)
- American Physical Therapy Association (APTA) Member