

JENNIFER M. WADE OTR/L, CLT

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EDUCATION

Towson University

Masters of Science in Occupational Therapy

Towson, MD

May 2010

Lasell College

Bachelor of Science in Athletic Training, Magna Cum Laude

Newton, MA

May 2007

WORK EXPERIENCE

Highlands Oncology Group

Occupational Therapist and Certified Lymphedema Therapist

Fayetteville, AR

Jan 2016 - Feb 2018

- Responsible for evaluating and treating patients in an outpatient setting
- Developed and implemented treatment plans for oncology patients experiencing effects from illness and cancer treatment (chemo, radiation, and surgery)
- Treated patients with lymphedema and edema of the upper extremity, lower extremity, head/neck, and trunk via Complete Decongestive Therapy (CDT), as certified through Klose Training
- Fit and measured patients for custom and prefabricated compression garments
- Performed Manual Lymphatic Drainage (MLD) techniques to decrease swelling in various regions of the body
- Applied compression bandages to upper and lower extremities and monitored progress via circumferential measurements
- Developed home exercise programs for patients with weakness, fatigue, ROM impairments, pain, and lymphedema
- Instructed breast cancer patients in UE exercises to increase shoulder ROM in prep for undergoing radiation treatment
- Instructed breast cancer patients in a specialized Strength After Breast Cancer (Strength ABC) protocol to help them safely build strength and independence in ADL/IADL, while reducing their risk of lymphedema
- Collaborated treatments with the Physical Therapist and Massage Therapists according to individual patient needs
- Conducted monthly Lymphedema Education classes for patients, families, and staff
- Developed documentation templates for OT and PT evaluations and daily progress notes
- Recommended appropriate adaptive equipment and durable medical equipment to increase patient independence and safety in the home

Jackson Therapy

3HC Home Health and Hospice Travel Occupational Therapist

Raleigh, NC

Aug 2013 – Jun 2015

- Responsible for evaluation, treatment, and discharge planning for home health patients. I was the only occupational therapist, including OTAs, assigned to Wake County, with responsibility to treat patients in the entire area
- Managed a caseload of 25 to 27 patients per week
- Collaborated with multidisciplinary team daily to plan treatments and discharge recommendations for patients
- Communicated with physicians to retrieve patient orders as needed
- Recommended appropriate adaptive equipment and durable medical equipment to increase patient independence and safety in the home
- Performed home safety evaluations
- Communicated with patients/families daily to discuss patient progress, goals, and schedules

Sinai Hospital of Baltimore

Occupational Therapist

Baltimore, MD

Jul 2012 – Jun 2013

- Primary therapist for Intensive Care (ICU), Cardiac Intensive Care (CICU), and Pulmonary & Infectious Disease Units.
- Responsible for evaluation, treatment, and discharge planning for patients with all diagnoses, including:
CVA, TBI, Spinal Cord Injury, Spinal Surgery, MS, Guillian Barre, Seizure, Multi Trauma, Joint Replacement, CABG, Aortic Valve Replacement/Repair, ESRD, COPD, CHF, Asthma, Respiratory Failure, Peripheral Vascular Disease, Diabetes, Sepsis/AMS, Osteomyelitis, Cellulitis, Pneumonia, and Cancer

- Worked with the ICU specialist daily to facilitate early mobility and functional activity for critically ill patients
- Provided coverage across all acute care units: Pulmonary & ID, ICU/CICU, Ortho/Med Surg, Neuro, Open Heart Step Down, Cardiac Patient Care, Intermediate Care, Oncology, Gastrointestinal/Genitourinary (GI/GU).
- Implemented treatment plans for patients on the acute inpatient neuro rehab floor as needed
- Collaborated with multidisciplinary teams (Case Managers, Physicians, Physical Therapists, Speech Therapists, Exercise Physiologists, Nurses, Patients/ Patient's families) to make appropriate D/C recommendations
- Created daily schedules for the Occupational Therapy Assistant
- Trained/oriented new OT staff to the acute care floors and the ICU
- Performed safe handling of intubated patients and patients with multiple lines/tubes/equipment, including: ventilators, chest tubes, IV lines, central lines, arterial lines, PEG tubes, wound vacs, foley catheters, and nasogastric tubes

University Specialty Hospital

Occupational Therapist

Baltimore, MD

Aug 2010 – Jul 2012

- Evaluated, treated, and planned discharges on chronic pulmonary/ventilator, aggressive weaning, and Med-surg units
- Treated medically complex patients with neurological, orthopedic, respiratory, and cardiopulmonary conditions, incl.: CVA, TBI, multiple sclerosis, spinal cord injury, UE/LE fractures s/p external fixation and ORIF, UE and LE amputations, shoulder impingement syndrome, rotator cuff injury s/p repair, cervical spine fractures, COPD, respiratory failure, lung transplant, CABG, MI, and CHF s/p LVAD placement
- Implemented treatment for patients in the Coma Emergence Program
- Competent in safe handling of patients with Ventricular Assistive Devices (VAD) including: Heartmate II, Thoratec, Jarvik, and Heartware equipment
- Utilized various bariatric and dependent transfer equipment such as: Hoyer lifts, roller boards, and the total lift system
- Trained patients and caregivers on safe transfers, therapeutic positioning, ROM techniques, and adaptive equipment
- Performed suctioning for patients on vent and trach collar
- Handled B UE contractures and edema by using prefabricated and custom splints, serial casts, and edema gloves
- Coordinated patient care and provided patient and family education during family meetings
- Created home exercise programs for patients in preparation for discharge
- Assisted with the coordination of daily OT caseload assignments and scheduling
- Collaborated with physicians, pulmonologists, respiratory therapists, nurses, social workers, psych liaisons, pharmacists, and dieticians, during weekly CarePlan meetings
- Performed co-treatment sessions with physical therapy, speech therapy, and recreational therapy staff
- Joined the Rehab Task Force Committee to help facilitate efficient collaboration among nursing and rehab staff
- Responsible for training and orienting new occupational therapy staff to the rehab department
- Developed maintenance protocols for pts in the Restorative Nursing Program
- Completed a clinical Instructor course in preparation for attaining a level I or level II OT student

CERTIFICATION AND MEMBERSHIPS

NBCOT; Certified Lymphedema Therapist (Klose Training), ARC CPR/AED for the Professional Rescuer; ARC First Aid Certification; Member of AOTA; PAMS Certified