

Mohaned M. Ghanem, PT, DPT, CSCS

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EDUCATION

DUKE UNIVERSITY DOCTOR OF PHYSICAL THERAPY PROGRAM | GRADUATION: MAY 2018

UNIVERSITY OF NORTH CAROLINA AT CHAPEL HILL | GRADUATION: MAY 2015

· Bachelor of Arts (BA) in Exercise and Sports Science

CERTIFICATIONS AND CONTINUING EDUCATION

- CPR & AED - American Heart Association
- Certified Strength and Conditioning Specialist (CSCS) – National Strength and Conditioning Association
- Certified Emergency Medical Responder for Athletes (ERA) | *March 31, 2019 - Present*
- Vestibular Rehabilitation: Examination and Intervention of Balance and Dizziness Disorders
Presented by Nora Riley, PT, PhD, NCS

RELEVANT EXPERIENCE

Gabriel Manor Assisted Living

Physical Therapist; February 2019 – Present; Clayton, NC

- Treatment of geriatric population suffering from dementia and memory deficits
- Emphasis on vestibular balance training with focus on reintegration into community
- Experience with Parkinson's Disease, Multiple Sclerosis, and ALS
- Utilize outcome measures to determine most effective plan of care

Pettigrew Rehabilitation Center | Concordia Nursing and Rehab | Treyburn Rehabilitation Center

Physical Therapist Per Diem; February 2019 - Present; Durham, NC | 15 hours/week

- Perform evaluations and treatments of patients of all ages in very high RUG level skilled nursing facilities
- Conduct in home visits in preparation for patients' return to home
- Collaboration with nursing staff and other members of rehabilitation staff for optimization of treatment

Sports and More Physical Therapy

Physical Therapist; May 2018 – January 2019; Cary, NC

- Outpatient clinic focused on orthopedic conditions, with an emphasis on manual therapy
- Experience with patients of all ages, including high school and collegiate athletes
- Extensive training into and treatment of vestibular disorders and vertigo symptoms
- Function-specific, return to sport, and return to work treatment focus
- Worked closely with primary care physicians and surgeons for optimization of care

Duke University Athletic Training Room

Student Physical Therapist; October 2017 – January 2018; Durham, NC

- Outpatient facility for the treatment of Duke University Olympic sport athletes
- Sport specific training and treatment, adhering to surgeon protocol
- Collaborated closely with athletic trainers and team coaches to optimize treatment plans

PUBLICATIONS AND RESEARCH

Crossfit: The Characteristics and Occurrence Rates of Sustained Injuries – A Systematic Review

Second author

- Analyzed existing data regarding correlations between Crossfit and sustained injuries comparing this to injury rates of more conventional forms of exercise
- Presented at the Duke DPT Class of 2018 Capstone Day in Durham, North Carolina, July 2017

Evidence Based Movement

Founding Member

- Blog website analyzing current research in the field of physical therapy and the application of this information to clinical practice
- Responsible for maintenance and accuracy of Instagram page - evidencebasedmvm