**Tiffany Garcia, LPTA**

Powhatan, VA |Tiffanyaedwards1997@gmail.com | 804-382-5713

Licensed Physical Therapy Assistant with 4+ years of experience. Quick learner, with a real passion for helping others live their life to their fullest physical ability. Appreciation for teamwork and communicating in each patient’s case to determine the best treatment options.

| * Aquatic Therapy
 | * Soft Tissue Massage
 | * Manual Traction
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| --- | --- | --- |
| * Prosthetics
* Balancing 3 patients at once
 | * Home Therapy
* Time management
 | * Medical Records
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**Education & Certifications**

**Associates for Physical Therapy Assistant**

ECPI University - Henrico, VA

**Physical Therapist Assistant License**

Virginia Board of Health Professionals

**CPR/BLS Certified**

**PWR!Moves Certified Therapist**

**Professional Experience**

**Clinical Rotations:**

Lynchburg Health & Rehabilitation (MFA)

Pivot Physical Therapy - Virginia Beach

* STS, gait training, balance, transfer training, therapeutic exercises/ activities for strengthening and endurance, billing, documentation, improvising treatments, communication, teamwork, personal relation, aquatic therapy, taking/providing feedback, manual therapy (PROM, STM, retro massage, trigger point release, manual traction), and modalities including hot packs, cold packs, ultrasound, electrical stimulation, and traction.

**Employment:**

*Physical therapy assistant*

*Chesapeake Regional Medical Center -* June 2021 - current

* Started in inpatient and switched to outpatient within the hospital. Gait and balance training, both high level and lower level patients, transfer training, adding/progressing exercises, Ultrasound, estim, traction, communication with a variety of patients and the PTs, manual therapy, billing, documentation, providing education and reviewing with the patients what they can do at home etc.

*Personal Touch Homecare - Chesapeake, VA*

*January 2022- current*

* Responsibilities include care within patient homes and working with a variety of conditions. Communication between care team members and the office as well as the patient's doctor, as needed, creates better care for each patient. Striving to use all of the "tools" to personalize patient care even though we are more limited within home health.

*Physical Therapy Assistant*

Welcome Homecare - Richmond, Virginia June 2019 - October 2019

* Responsibilities included gait training, balance & transfer training, therapeutic exercises/activities for strengthening and endurance, billing, documentation, improvising treatments, communication, teamwork, personal relation, taking/providing feedback, manual therapy (PROM, STM, retro massage)

**Volunteer Involvement/Community Service:**

Powhatan Physical Therapy and Sheltering Arms – Powhatan, VA March 2017 – July 2017

200 hours of volunteer between the two

* Instruct patients through exercise, fold laundry, wheelchair follows, set up traction, electrical stimulation, Ultrasound, GameReady, laser therapy machines, hot/cold packs, and brought the patients in to start therapy.